STARTERS

creole soul chicken 9
Our signature soy chicken nuggets panko-breaded with Cajun and rosemary seasoning and fried. Served with hickory-smoked barbecue vidalia dressing.

barbecue buffalo wings 14
Our famous soy wings marinated in a spiced citrus BBQ sauce. Side of vegan sesame ranch and celery.

cajun fried shrimp 8
Deep-fried soy shrimp seasoned with paprika. Served with vegan cocktail sauce.

spring rolls 4
Two fried vegan rolls filled with cabbage, carrots and mushroom. Served with vegan duck sauce.

crab rangoon 12
Deep-fried wontons filled with shredded soy crab, scallions and vegan cheese. Served with sweet chili dipping sauce.

dragonfly dumplings 9
Three fried rice dumplings filled with shredded soy protein, carrots and cabbage. Served over mixed greens and soy-lime ginger dressing.

asian dumplings 9
Three steamed spinach dumplings filled with shredded soy protein, carrots and cabbage. Served over mixed greens and soy-lime ginger dressing.

curry wings 12
Soy chicken drumsticks and potatoes tossed in a sweet coconut curry sauce.

chicken and fries 9
Two fried soy drumsticks from our southern fried chicken with french fries and a side of BBQ sauce.

grilled bourbon chicken 9
Jerk-marinated soy chicken grilled over an open fire. Served with a side of sweet chili sauce.

collard green rolls 9
Three fried rolls stuffed with sautéed collard greens and soy ham. Served with sweet chili dipping sauce.

edamame 5
Steamed soy bean pods sprinkled with sea salt.

caribbean jerk-spiced seitan 8
Grilled seitan skewers marinated in a spiced lime-citrus dressing.

joanne's 3-piece fried chicken 9
Three fried soy drumsticks and a side of BBQ sauce.

popcorn chicken 9
Fried soy chicken nuggets served with our homemade BBQ sauce.

chicken satay 8
Skewered soy chicken grilled and marinated in coconut curry seasoning. Side of peanut chili sauce.

fried zucchini and tofu 10
Lightly battered and fried tofu and zucchini. Side of spicy scallion and sesame Korean sauce.

bamboo nuggets 10
Garlic soy chicken nuggets fried and served with vidalia onion sauce.

almond coconut chicken 10
Crispy soy chicken strips breaded with toasted almonds and shaved coconut. Served with sweet chili dipping sauce.

popcorn shrimp 8
Fried bite-sized soy shrimp. Side of Sriracha mayo.

roti canai 6
Indian crepe served with a soy chicken and potato coconut curry dipping sauce. Extra crepe 4

seoul pancake 10
Fresh bell peppers, scallions and carrots mixed in a traditional Korean batter.

chicken or fish tacos 12
Tempura battered soy chicken or soy fish topped with tomatillo salsa and pickled slaw on corn tortillas. Served with a side of guacamole and spicy mayo.

SALADS

carrot ginger | balsamic vinaigrette | sesame teriyaki

house salad 11
Mesclun mix, cherry tomatoes, shredded carrots, cucumbers and mushrooms. Your choice of dressing.
+ grilled lemon herb soy chicken 3

grilled jerk chicken salad 14
Grilled jerk-marinated soy chicken served over mesclun mix, cherry tomatoes, shredded carrots, mushrooms and cucumber. Your choice of dressing.

fried chicken salad 14
Mesclun mix, cherry tomatoes, shredded carrots, cucumbers and mushrooms topped with sliced breaded and fried soy chicken. Your choice of dressing.

SANDWICHES

+ guacamole for $2

bamburger 7
Vegan soy beef burger with lettuce, tomato, pickles, sautéed onions and vegan mayo on a sesame bun.
+ Daiya cheddar cheese 2
+ sautéed mushrooms 2
+ organic tempeh bacon 3
+ fries or salad 4

soul chicken sandwich 12
Panko-breaded fried soy chicken nuggets with vegan mayo and vidalia dressing, lettuce and tomato. Served on ciabatta bread with fries or salad.
+ Daiya cheddar cheese 2
+ organic tempeh bacon 3

chicken cutlet sandwich 12
Two breaded fried soy chicken cutlets with dijon mustard, vegan mayo, lettuce and tomato. Served on ciabatta bread with fries or salad.
+ Daiya cheddar cheese 2
+ organic tempeh bacon 3

breakfast sandwich 12
Organic vegan egg on ciabatta bread with Daiya cheddar cheese. Choice of vegan sausage patties or tempeh bacon. Served with a side of tater tots.

classic blt 12
Organic tempeh bacon, lettuce, tomato and vegan mayo on whole wheat bread with fries or salad.

pulled pork sandwich 12
Shredded smoked BBQ soy pork, sautéed with caramelized onions and sliced pickles on a sesame bun with fries or coleslaw.

chicken gyro 12
Grilled lemon herb soy chicken topped with lettuce, diced tomatoes, red onions, cucumber and vegan tahini sauce on pita bread. Served with fries or salad.

HEROES

+ fries or salad for $4

chicken or eggplant parmesan hero 14
Your choice of breaded and fried soy chicken cutlets or eggplant, NUMU mozzarella cheese and our sweet basil marinara sauce. Served on toasted hero bread.

philly cheese steak 14
Sliced soy beef sautéed with onions, BBQ and Daiya cheddar cheese. Served on toasted hero bread.

barbecue steak hero 14
Citrus-marinated chunks of soy beef sautéed with onions, mushrooms and Daiya cheddar cheese. Served on toasted hero bread.

NOODLES AND PASTA

veggie lo mein 12
Vegan noodles sautéed with zucchini, squash, snap peas, carrots and broccoli.
+ soy chicken, beef, shrimp, tofu or seitan ... 3

spaghetti and meatballs 12
Soy meatballs over a bed of pasta smothered in our special marinara sauce and served with garlic toast.
+ extra soy meatballs (6) 4

macaroni and cheese 11
Elbow macaroni with melted Daiya cheddar cheese.
+ organic tempeh bacon 3
+ broccoli 3

teriyaki chicken bowl 14
Stir-fried with broccoli, snap peas, carrots, zucchini and teriyaki chicken. Served over vegan pasta and topped with sesame seeds.

VEGETABLE ENTRÉES

teriyaki vegetable stir fry 14
Zucchini, mushrooms, broccoli, squash, carrots and cauliflower sautéed in a sweet teriyaki glaze. Side of brown or white rice.
+ soy chicken, beef, shrimp, tofu or seitan ... 3

black bean ginger stir fry 14
Zucchini, mushrooms, broccoli, squash, carrots, cauliflower and Cantonese black beans sautéed in a chili ginger glaze. Side of brown or white rice.
+ soy chicken, beef, shrimp, tofu or seitan ... 3

red curry tofu 14
Tofu sautéed with eggplant, snap peas, green beans, red and green peppers in a mildly spicy Thai red curry sauce. Served with a side of white or brown rice.

eggplant parmesan 14
Lightly seasoned breaded eggplant smothered in a sweet basil marinara sauce. Served with garlic toast and melted NUMU mozzarella cheese.
+ pasta with marinara 4

vegetable tempura 14
Broccoli, cauliflower, eggplant, mushrooms, sweet potatoes, onions and peppers fried in a traditional tempura batter. Side of soy-lime ginger dressing.

RED BAM BOO

ORDER ONLINE,
VIEW DESSERT SPECIALS,
VEGAN WINE AND BEERS.

MAIN COURSE

creole soul chicken 14
Panko-breaded fried soy chicken with Cajun and rosemary seasoning. Served with garlic mashed potatoes and gravy, steamed carrots, broccoli and corn on the cob.

spicy chicken with broccoli 15
Wok fried soy chicken with fresh chilies, peanuts, broccoli and red and green bell peppers. Served with white or brown rice.

sweet and sour chicken 15
Battered soy chicken sautéed with onions, pineapples, lychees, carrots, green and red bell peppers. Served with white or brown rice.

mango chicken 15
Slices of mango, grilled soy chicken, red onions, red and green bell peppers sautéed in a mildly spicy citrus sauce served in a mango shell with a side of white or brown rice.

bamboo curry chicken 14
Sautéed soy chicken and potatoes marinated in a sweet Indian coconut curry sauce. Served with steamed zucchini, yellow squash, broccoli, cauliflower, carrots and white or brown rice.

cashew chicken 15
Soy chicken chunks sautéed with carrots, broccoli, red and green bell peppers, cashews and a side of white or brown rice.

barbecue ribs 15
Flame-grilled soy pork ribs served with a side of steamed carrots, broccoli, snap peas, garlic mashed potatoes and gravy.

grilled bourbon chicken 14
Jerk marinated soy chicken grilled and served over mixed greens with sautéed collard greens and white or brown rice.

szechuan beef 14
Mildly spiced soy peppered beef sautéed with Chinese chilies, broccoli, red and green peppers. Served with a side of white or brown rice.

southern fried chicken 16
Herb-breaded soy chicken breast and two drumsticks served with your choice of 2 sides:
• sweet potato fries • collard greens with ham • salad
• french fries • mashed potato.

ginger beef 14
Marinated soy beef stir-fried with garlic, scallions, sliced ginger, carrots and sugar snap peas. Served with a side of white or brown rice.

tonkatsu chops 14
Deep fried gluten pork chops served with garlic mashed potatoes, steamed carrots, broccoli, squash, zucchini and cauliflower. Served with a side of tonkatsu sauce.

thai beef curry 14
Massaman sweet coconut milk curry with a zip. Shredded soy beef simmered with slow cooked potatoes, carrots and green beans. Served with white or brown rice.

chicken parmesan 14
Breaded soy chicken cutlets topped with NUMU mozzarella cheese and a tomato basil marinara sauce. Served with a side of garlic toast.
+ pasta with marinara 4

sizzling pepper steak platter 15
Black pepper soy steak sautéed with mushrooms and red and green peppers on a hot plate. Topped with fried onion rings. Served with a side of white or brown rice.

steak and potatoes 15
Vegan soy steak served with vegan buttered fingerling potatoes and roasted garlic French beans topped with sliced almonds.

butterfly soy chops 15
Lightly breaded soy pork chops topped with roasted apples and raisins. Served with sautéed collard greens with soy ham and garlic mashed potatoes with gravy.

sesame beef 15
Grilled soy beef strips topped with sesame seeds and a side of steamed carrots, snap peas and broccoli. Served with a side of white or brown rice.

citrus beef 14
Citrus soy beef stir-fried with broccoli, red and yellow peppers, zucchini and yellow squash. Served with white or brown rice.

dante's cuisine 14
Black pepper soy beef medallions sauteed in our fresh mushroom sauce. Served with broccoli, yellow squash, zucchini and garlic mashed potatoes and gravy.

coconut chicken 14
Soy chicken delicately breaded with a crispy shredded coconut batter. Paired with flame grilled pineapple slices and a side of white or brown rice.

FRIED RICE

sub for brown rice + $1

garlic fried rice 8
Traditional Filipino recipe sautéed with white rice, diced cloves of garlic and scallions.

ginger chicken fried rice 12
Ginger marinated soy chicken sautéed with white rice, diced scallions, zucchini, yellow squash, red and yellow bell peppers.

vegetable fried rice 10
White rice sautéed with onions, zucchini, yellow squash, red and yellow bell peppers.

pineapple seafood rice 12
White rice sautéed with zucchini, scallions, red and yellow bell peppers, yellow squash, pineapple, soy fish, scallops, crab and shrimp.

SIDES

gravy	2	collards with soy ham	5
white rice	2	garlic mashed potato	5
brown rice	3	pasta with marinara sauce	5
french fries	5	steamed veggies	5
garden salad	5	tater tots	5
sweet potato fries	5	organic vegan fried eggs	5
collard greens	5	onion rings	5

BEVERAGES

fresh ginger juice *(choose 1, available hot or cold)* 5
- apple + lemon + ginger
- orange + lemon + ginger
- pineapple + lemon + ginger

coke, diet coke, sprite, ginger ale or root beer 2

roy rogers or shirley temple 4

san pellegrino: lemon, orange, blood orange, grapefruit 3

san pellegrino mineral water 3

bottled water 2

cranberry, apple, orange, pineapple or fruit punch 4

iced or hot tea 3

DESSERTS

vegan ice cream ..... single 5 | double 8

Flavors: chocolate chip cookie dough, vanilla, chocolate, coffee, strawberry, mint chocolate chip

float 9
Two scoops of soy ice cream topped with soda.

soy milkshake 10
Soy ice cream blended with organic soy milk.

new yorker 11
Vegan ice cream blended with organic soy milk and topped with a scoop of vegan ice cream.

VEGAN WINE

pinot noir France (2018) ..... 9 | 36
Organic. Well balanced with an elegant fruity taste; cranberry and wild cherries. Medium-bodied, good acidity and smooth tannins.

rose Italy (2018) ..... 9 | 32
Organic. 100% Merlot. A bright rose with aromatic hints of lavender and magnolia; cherry and rhubarb notes.

merlot Italy (2017) ..... 8 | 28
100% Merlot. Bright violet ruby red color. Hint of dry fruits with a pleasant soft acidity and an elegant finish.

chardonnay France (2018) ..... 8 | 28
Citrussy fruit and green apple, clean, medium bodied with plenty of minerality.

côtes du rhone France (2019) ..... 9 | 32
Organic. 60% Grenache, 20% Syrah, 15% Carignan, 5% Cinsault. Strawberries, cassis and black currant. Silky and smooth with balanced tannins.

VEGAN BEER

sloop super soft ipa 7
12 oz. An aroma of tropical fruit and citrus with flavor notes of red grapefruit, ripe papaya and hints of black tea. NY | ABV 6%

bronx brewery city island sour ipa 8
1 pint. A slightly sour, crisp and refreshing Northeast IPA with a juicy punch. BX, NY | ABV 6%

dyke beer saison 8
1 pint. Pale malt, white wheat and oats. Notes of black tea, chamomile, white pepper and bubblegum.
BK, NY | ABV 5.2%

original sin black widow cider 7
12 oz. Made with blackberries, freshly pressed New York apples and champagne. GF NY | ABV 6%

allagash north sky stout 8
1 pint. Belgian-inspired stout balances light notes of fruit and sweetness with roasty malt. ME | ABV 7.5%

collective arts life in the clouds hazy ipa 8
1 pint. Unfiltered beer, neither overly-sweet nor bitter, with a pillowy mouth feel. Pleasantly fruit forward (citrus and melon) taste and aroma. Canada | ABV 6.1%

buenaveza salt + lime lager 7
12 oz. Baja inspired, San Diego brewed. Super smooth and light; salty and zesty lime flavor. CA | ABV 4.7%